

Programme

TOPIC	Presenters	Time
Arrive		1.00 pm
Welcome to the Event and House Keeping	Keith Spurr – Chair SHEAC	1.30 pm
Overview of Complication and Diabetes UK research	Keith Spurr - Chair Stamford & Rutland Diabetes Peer Group	1.35 pm
Complications associated to diabetic foot. Using AI as an indicator of diabetic neuropathy via the eye.	Uazman Alam - Senior Clinical Lecturer in Diabetes & Endocrinology at the Institute of Ageing & Chronic Disease, Liverpool. Honorary Consultant Physician, Aintree University Hospital.	1.50 pm
Introductions to the Diabetes, Metabolism and Inflammation (DMI) Group at Lincoln	Paul Squires – Professor of Biomedical Science, DMI Group, University of Lincoln	2.20 pm
‘We need to talk’: how and why cells of the kidney communicate and what happens when things go wrong.	Claire Hills – Professor of Renal Physiology, DMI Group, University of Lincoln	2.30 pm
BREAK		3.00 pm
How Vitamin C may help manage obesity-associated diabetes. <u>AND</u> The Better Sleep Programme : improving glucose control one night at a time.	Jon Whitehead – Professor of Biomedical Biochemistry, DMI Group, University of Lincoln <u>AND</u> Caroline Horton – Reader in Psychology, Bishop Grosseteste University, Lincoln	3.15 pm
NHS Diabetes Prevention Programme – common myths and misconceptions.	Lisa Marsters – Senior Engagement Lead – Lincolnshire, Xyla Health & Wellbeing	3.45 pm
Questions & Answers	The Panel	4.15 pm
Finish		4.30 pm

For more information about the event please contact:
info@stamfordheacharity.com

Nearest car parking: Wharf Road, Stamford – PE9 2EB