Programme

BREAK Jon Whitehead — Professor of Biomedical Biochemistry, DMI Group, University of Lincoln AND The Better Sleep Programme: at a time. NHS Diabetes Prevention Programme — common myths and misconceptions. Jon Whitehead — Professor of Biomedical Biochemistry, DMI Group, University of Lincoln AND Caroline Horton — Reader in Psychology, Bishop Grosseteste University, Lincoln Lisa Marsters — Senior Engagement Lead — Lincolnshire, Xyla Health & Wellbeing 3.45 pm	TOPIC	Presenters	Time
Keeping Overview of Complication and Diabetes UK research Complications associated to diabetic foot. Using AI as an indicator of diabetic neuropathy via the eye. University Hospital. Introductions to the Diabetes, Metabolism and Inflammation (DMI) Group at Lincoln 'We need to talk': how and why cells of the kidney communicate and what happens when things go wrong. BREAK How Vitamin C may help manage obesity -associated diabetes. AND The Better Sleep Programme: improving glucose control one night at a time. NHS Diabetes Programme - common myths and misconceptions. Keith Spurr - Chair Stamford & Rutland Diabetes Peer Group 1.50 pm 1.	Arrive		1.00 pm
Diabetes UK research Diabetes Peer Group Complications associated to diabetic foot. Using Al as an indicator of diabetic neuropathy via the eye. Uazman Alam - Senior Clinical Lecturer in Diabetes & Endocrinology at the Institute of Ageing & Chronic Disease, Liverpool. Honorary Consultant Physician, Aintree University Hospital. Paul Squires - Professor of Biomedical Science, DMI Group, University of Lincoln (DMI) Group at Lincoln 'We need to talk': how and why cells of the kidney communicate and what happens when things go wrong. BREAK How Vitamin C may help manage obesity -associated diabetes. Breat Sleep Programme: Improving glucose control one night at at time. NHS Diabetes Prevention Programme - common myths and misconceptions. Diabetes Peer Group Uazman Alam - Senior Clinical Lecturer in Diabetes & Endocrinology at the Institute of Ageing & Chronic Disease, Liverpool. 1.50 pm 2.20 pm Claire Hills - Professor of Biomedical B		Keith Spurr — Chair SHEAC	1.30 pm
Diabetes & Endocrinology at the Institute of Ageing & Chronic Disease, Liverpool. Honorary Consultant Physician, Aintree University Hospital. Introductions to the Diabetes, Metabolism and Inflammation (DMI) Group at Lincoln 'We need to talk': how and why cells of the kidney communicate and what happens when things go wrong. BREAK How Vitamin C may help manage obesity -associated diabetes. AND The Better Sleep Programme: improving glucose control one night at a time. NHS Diabetes Prevention Programme — common myths and misconceptions. Diabetes & Endocrinology at the Institute of Ageing & Chronic Disease, Liverpool. Honorary Consultant Physician, Aintree University Hospital. 2.20 pm Claire Hills — Professor of Biomedical Physiology, DMI Group, University of Lincoln AND Caroline Horton — Professor of Biomedical Biochemistry, DMI Group, University of Lincoln AND Caroline Horton — Reader in Psychology, Bishop Grosseteste University, Lincoln Lisa Marsters — Senior Engagement Lead — Lincolnshire, Xyla Health & Wellbeing The Panel 4.15 pm			1.35 pm
Metabolism and Inflammation (DMI) Group at Lincoln 'We need to talk': how and why cells of the kidney communicate and what happens when things go wrong. BREAK How Vitamin C may help manage obesity -associated diabetes. AND The Better Sleep Programme: improving glucose control one night at a time. NHS Diabetes Prevention Programme – common myths and misconceptions. Questions & Answers Science, DMI Group, University of Lincoln Claire Hills – Professor of Renal Physiology, DMI Group, University of Lincoln 3.00 pm 3.15 pm 3.15 pm Caroline Horton – Reader in Psychology, Bishop Grosseteste University, Lincoln Lisa Marsters – Senior Engagement Lead – Lincolnshire, Xyla Health & Wellbeing 3.45 pm The Panel 4.15 pm	diabetic foot. Using AI as an indicator of diabetic neuropathy via	Diabetes & Endocrinology at the Institute of Ageing & Chronic Disease, Liverpool. Honorary Consultant Physician, Aintree	1.50 pm
cells of the kidney communicate and what happens when things go wrong. BREAK How Vitamin C may help manage obesity -associated diabetes. Jon Whitehead — Professor of Biomedical Biochemistry, DMI Group, University of Lincoln AND The Better Sleep Programme: improving glucose control one night at a time. NHS Diabetes Prevention Programme — common myths and misconceptions. DMI Group, University of Lincoln 3.15 pm 3.15 pm 3.15 pm 3.15 pm 3.15 pm 3.15 pm 4.15 pm	Metabolism and Inflammation		2.20 pm
How Vitamin C may help manage obesity -associated diabetes. Jon Whitehead — Professor of Biomedical Biochemistry, DMI Group, University of Lincoln AND The Better Sleep Programme: improving glucose control one night at a time. NHS Diabetes Prevention Programme — common myths and misconceptions. Lisa Marsters — Senior Engagement Lead — Lincolnshire, Xyla Health & Wellbeing 3.15 pm 3.15 pm 3.15 pm 4.15 pm	cells of the kidney communicate and what happens when things go		2.30 pm
obesity -associated diabetes. Biochemistry, DMI Group, University of Lincoln AND The Better Sleep Programme: improving glucose control one night at a time. NHS Diabetes Prevention Programme – common myths and misconceptions. Lisa Marsters – Senior Engagement Lead – Lincolnshire, Xyla Health & Wellbeing 3.45 pm The Panel 4.15 pm	BREAK		3.00 pm
Programme – common myths and Lincolnshire, Xyla Health & Wellbeing misconceptions. Questions & Answers The Panel 4.15 pm	obesity -associated diabetes. AND The Better Sleep Programme: improving glucose control one night	Biochemistry, DMI Group, University of Lincoln AND Caroline Horton — Reader in Psychology,	3.15 pm
	NHS Diabetes Prevention Programme – common myths and misconceptions.		3.45 pm
Finish 4.30 pm	Questions & Answers	The Panel	4.15 pm
	Finish		4.30 pm

For more information about the event please contact: info@stamfordheacharity.com

Nearest car parking: Wharf Road, Stamford – PE9 2EB